

# "Don't Forget to Remember Me"

*A Play on Dementia*

Presented by The Necessary Stage, commissioned by the Alzheimer's Disease Association and supported by Health Promotion Board, this brand new play deals with the trials and tribulations of people with dementia and their struggles to come to terms with their illness.

**DATE & TIME :** Thurs, 26- Sat, 28 March  
Thursday and Friday, 8pm  
Saturday, 3pm and 8pm

**VENUE :** Jubilee Hall (Raffles Hotel)

**Tickets price :** \$10  
(excluding SISTIC booking fee) \$8  
(senior citizens and students)

Buy your tickets through SISTIC website: [www.sistic.com.sg](http://www.sistic.com.sg)  
SISTIC Hotline: 63485555 and SISTIC Authorised Agents islandwide



## DEMENTIA AWARENESS WEEK

In a world where a new case of dementia develops every seven seconds and an estimated 30 million people are living with dementia today, there is an urgent need to provide information and education on dementia.

In Singapore, the numbers will rise dramatically as we are one of the most rapidly ageing society in the world. By 2020, we will have 52,000 people with dementia, and by 2050, 187,000 people.

Dementia Awareness Week, supported by the National Council of Social Service and Health Promotion Board, aims to promote greater awareness of dementia in the community.



ALZHEIMER'S  
DISEASE  
ASSOCIATION

CENTRE OF  
**specialisation**

Appointed by  NCSS



## Mass Exercise Workout and Memory Walk

Be physically active to help reduce the risk of developing dementia

**DATE & TIME :** Sun, 22 March, 8am -12noon

**VENUE :** Marina Floating Platform  
(next to Esplanade Theatre)

**PROGRAMME :** Exercise workout  
2.8km walk  
Fringe activities  
(Sports Try out stations;  
Carnival games,  
Stage Performances,  
Lucky draw)

Free T-shirt, Exercise band and goodie bag  
for participants

**TO REGISTER :** Call 63538734  
(Mon -Fri 9am-6pm)

**Email :** [alzheimers.tp@pacific.net.sg](mailto:alzheimers.tp@pacific.net.sg)



## FILMS ABOUT DEMENTIA

These films portray the impact of dementia on the lives of individuals and the challenges faced by their families. Winning entries from the Short-film competition "Living With Dementia" will be screened before each show.

### ORIUME

(Japanese, with English subtitles), Rating: PG

**DATE & TIME** : Sun, 22 March, 3pm

**VENUE** : Jubilee Hall (Raffles Hotel)

### THANMATRA

(Malayalam, with English subtitles), Rating: PG

**DATE & TIME** : Sun, 22 March, 7pm

**VENUE** : Jubilee Hall (Raffles Hotel)

### SUMMER SNOW

(Cantonese, with English subtitles), Rating: PG

**DATE & TIME** : Mon, 23 March, 7pm

**VENUE** : Jubilee Hall (Raffles Hotel)

Buy your tickets through **SISTIC**

website: [www.sistic.com.sg](http://www.sistic.com.sg)

**SISTIC** Hotline: 63485555 and **SISTIC**

Authorised Agents islandwide

**Ticket price** : \$6

**(excluding SISTIC booking fee)** \$5 (senior citizens and students)

### AWAY FROM HER

(English), Rating: PG

**DATE & TIME** : Tues, 24 March, 7pm

**VENUE** : The Cathay Cineplex  
(Handy Road)

**Ticket price** : \$7.50

Sale of tickets online [www.cathay.com.sg](http://www.cathay.com.sg)



**24<sup>th</sup>** CONFERENCE OF  
ALZHEIMER'S DISEASE  
INTERNATIONAL

S I N G A P O R E

## Dementia : Engaging Societies Around the World

*The ADI annual conference is the only one in the world that brings together scientists, clinicians, care professionals, family carers, volunteers and people with dementia. The scientific programme includes a broad range of topics from Cross-Cultural Issues in Dementia Care, Awareness and Education to Diagnosis and Treatment.*

**DATE** : Wed, 25 March to Sat, 28 March

**VENUE** : Suntec Singapore International Convention & Exhibition Centre

For more information and to register, visit the conference website at [www.adi2009.org](http://www.adi2009.org)

Jointly Organised by:



Photograph by Jan Fredrikson